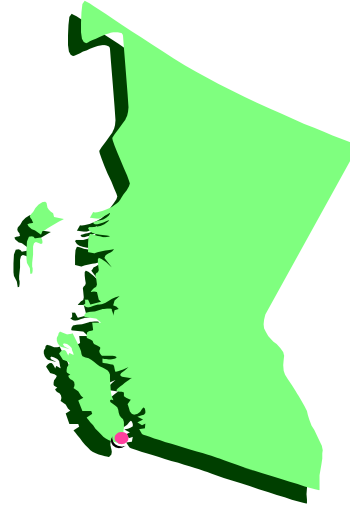


Ayre Manor News Letter and Calendar

August 2016



British Columbia Day

The first Monday of August is known as British Columbia Day or B.C. Day, in the province of British Columbia. It is a statutory holiday and gives Canadians in the province the chance to celebrate their achievements or relax with friends and family members.

What do people do?

In British Columbia many people use the long weekend to make short trips out of town and into one of the areas of beautiful scenery in this province. Some go camping, while others walk, hike or plan canoe trips. As the first Monday in August falls in the middle of the summer season, many people incorporate BC Day into their summer vacation or a plan it as part of a longer trip. In urban areas, particularly in Vancouver, various celebrations are organized. These include firework displays, parades and cultural festivals. Events are held to mark the achievements of people from Canada's west coast in the areas of sport, technology, cuisine and Canadian-Japanese culture.

Public life

BC Day is a statutory holiday in British Columbia and many people have a day off work. Post offices and many businesses and organizations, such as libraries, are closed. A few stores may be open depending on the local custom. Public transport services may be reduced or may not run at all. Schools are closed as the first Monday in August falls in the middle of the summer holiday period.

Background

Indigenous peoples have inhabited British Columbia, as described in their oral traditions. There are claims by the English to have explored the region in the 16th century, but it was the Majorcan-born Spanish navigator Juan José Pérez Hernández who did the first documented travel 1774. In 1778 English explorer James Cook reached Nootka Sound and set foot on British Columbian soil. There were several gold finds in British Columbia in the 1850s. The British colonial office responded to this situation by establishing British Columbia's mainland as a crown colony in 1858, naming it the Colony of British Columbia. In 1871 British Columbia became the sixth province of the Dominion of Canada.

The British Columbia Day Act was first introduced to the Legislative Assembly in 1974. The aim of the Bill was to create a statutory holiday on the first Monday in August to recognize the pioneers in the province and the act gained royal assent in 1996

AUGUST ENTERTAINMENT 2016

- Aug 2nd — Music w/ Big Steve— Assisted Living Lounge @ 1:30 pm
- Aug 4th – Music w/ Bob and Fred—Assisted Living Lounge @ 1:30pm
- Aug 7th — Music w/ CLA Church —Complex Care North—1:30pm
- Aug 10th — Music w/ Joan Songhurst—Complex Care South—10:30am
- Aug 11th — Music w/ Victor Wells — Assisted Living Lounge—1:30pm
- Aug 13th — Name that Tune & Sing along with Suzanne 10:30 am (CC)
- Aug 15th — Music w/ Jean Bedard—Assisted Living Lounge—1:30pm
- Aug 16th—Music w/ Claddagh Clan—Assisted Living Lounge– 1:30 pm
- Aug 23rd— Sing along with Natalie 1:30pm
- Aug 29th — Music w/ Tom Gough—Assisted Living Lounge—1:30pm
- Aug 30th —Music w/ Guy Marchi —Assisted Living Lounge—1:30pm
(Happy Hour)



A gentle reminder that when a program is in progress to please keep voices down. This is mostly important when we have a entertainment and Tea & Trivia.

Thank You all for understanding ..



Please keep pets away from the dining room or residents area where snacks are being served.



Special Event

BBQ HOTDOGS

AUGUST 11

SIGN UP AT

FRONT DESK

FIRST 20 PEOPLE GET TO

**SHARE IN THE EXPERI-
ENCE OF THIS DAY**



Birthday Bunch

Lorn 5th

Victor 6th

Emma 7th

Terry M 8th

Jake 28th

Bergi 29th

Residents Council Meeting

August 3rd /16

1:00 PM CC SIDE

2:00PM AL SIDE

Fun Facts

- The strongest muscle in proportion to its size in the human body is the tongue.
- Every time you lick a stamp, you're consuming 1/10 of a calorie.
- The average person falls asleep in seven minutes.
- Humans are the only primates that don't have pigment in the palms of their hands.
- It's possible to lead a cow upstairs...but not downstairs.
- A cockroach will live nine days without it's head, before it starves to death.
- Elephants are the only mammals that can't jump.
- Polar bears are left handed
- A duck's quack doesn't echo, and no one knows why.
- An ostrich's eye is bigger that it's brain
- The longest recorded flight of a chicken is thirteen seconds.
- Snails can sleep for 3 years without eating
- Honey is the only food that doesn't spoil.
- Coca Cola was originally green.
- 40% of McDonald's profits come from the sales of Happy Meals.
- Every person has a unique tongue print.

