

## September 2016

| Sun                                   | Mon  | Tue   | Wed   | Thu   | Fri   | Sat                               |
|---------------------------------------|--|---|---|---|---|-----------------------------------|
| -                                     | s Labour Day .<br>is Grandparents I<br>is our 5th Annual | •   | 1.10:30am News &<br>Views with Coffee /<br>Tea and a Treat    | 2. 10:30am Mind & Body Exercise (CC) 1:30pm Garden Walks/ Reminiscing | 3. 10:30am Arts & Crafts (CC) 1:30pm Tea & Trivia   |                                   |
| -                                     | and at 2:00pm the  |   | 1:30pm Golfing (AL)   | (CC)  | (AL SIDE)   |                                   |
| 4. 10:30am Bingo<br>(CC Side)         | 5. 10:30am  Bocci Ball/Mental  Aerobics (CC)             | 6.10:30am Crafting (CC)                             | 7.10:30am Music w/<br>Joan Songhurst (CC)<br>Resident Council | 8.10:30am News &<br>Views with Coffee /<br>Tea and a Treat            | 9. 10:30am Mind & Body Exercise (CC) 1:30 pm Garden | 10. 10:30am Story reading (CC)    |
| 1:30pm CLA Church<br>(CC)             | 1:30pm Nail Care<br>(CC)                                 | 1:30pm Music w/<br>Steve & Sherry (AL)              | 1:00pm CC SIDE<br>2:00pm AL SIDE                              | 1:30pm Horse racing (AL)  | Walks/ Reminiscing (CC)                             | 1:30pm Tea & Trivia<br>(AL SIDE)  |
| 11 10:30am Bingo<br>(CC Side)         | 12. 10:30am  Bocci Ball/ Mental  Aerobics (CC)           | 13.10:30am Crafting (CC)                            | 14.10:30am Music<br>Therapy w/ Satu (CC)                      | 15.10:30am News &<br>Views with Coffee /<br>Tea and a Treat           | 16. 10:30am Mind & Body Exercise (CC) 1:30pm Garden | 17. 10:30am Sing-a-<br>Long (CC)  |
| 1:30pm Craft Room clean out (AL)      | 1:30pm Sing Songs<br>w/ Natalie                          | 1:30pm Music w/ Tom<br>Gough (AL)                   | 1:30pm Golfing (AL)   | 1:30pm Bells w/<br>Gwen (AL)  | Walks/ Reminiscing<br>(CC0                          | 1:30pm Tea & Trivia<br>(AL SIDE)  |
| 18. 10:30am Bingo<br>(CC Side)        | 19. 10:30am  Bocci Ball / Mental  Aerobics CC)           | 20. 10:30am Crafting (CC)                           | 21.10:30am Skeet<br>Ball (CC)                                 |   | 23.10:30am Mind & Body Exercise (CC) 1:30pm Garden  | 24 10:30am Comedy<br>& Nails (CC) |
| 1:30pm Music w/<br>Claddagh Clan (AL) | 1:30pm Music w/ Jean<br>Bedard (AL)                      | 1:30pm Music w/<br>Steve Bolger (AL)                | 1:30pm Dog Show<br>Organizing                                 | All accepting   | Walks/ Reminiscing (CC)                             | 1:30pm Tea & Trivia<br>(AL SIDE)  |
| 25. 10:30am Bingo<br>(CC Side)        | 26. Lunch Out White Spot                                 | 27,.10:30am Bocci<br>Ball / Mental Aerobics<br>(CC) | 28.10:30am News & Views with Coffee/Tea (CC)                  | 29.10:30am Music<br>Therapy w/ Satu<br>(CC)                           | 30. 10:30am Mind & Body Exercise (CC) 1:30pm Garden | A REMINDER  Dog Show entries      |
| 1:30pm Social Club<br>(CC)            |  | 1:30pm Office                                       | 1:30pm Horse Racing   | 1:30pm Happy Hour<br>w/ Guy Marchi (AL)                               | Walks/Reminiscing (CC)                              | are do Sept 19.<br>2016           |

## October 2016

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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