



FEBRUARY 2019 News Letter

Saint Valentine's Day falls on Thursday February 14th . It is the traditional day on which lovers express their love for each other; sending Valentine's cards and candy, often anonymously. The holiday is named after two men, both Christian martyrs named Valentine. The day became associated with romantic love in the High Middle Ages, when the tradition of courtly love flourished. The day is most closely associated with the mutual exchange of love notes in the form of "valentines". Modern Valentine symbols include the heart-shaped outline and the figure of the winged Cupid.

Valentines Day
Friendship Tea
Thursday, Feb 14th
1:30 AL. Lounge

Ayre Manors Entertainment For February



Feb 4th @ 1:30 Music w/ Jean Bedard (AL)

Feb 5th @ 10:30 Music w/ Songhurst (CC)

Feb 5th @ 1:30 Music w/ Claddagh Clan (AL)

Feb 6th @ 10:45 Music Therapy w/ Suvi (CC)

Feb 15th @ 1:30 Music w/ The Encores (AL)

Feb 20th @ 10:45 Music Therapy w/ Suvi (CC)

Feb 20st @ 1:30 Music w/ Guy Marchi (AL)

Feb 21th @ 1:30 Music w/ Steve & Sherry (AL)

Feb 26th @ 1:30 Music w/ Steve Bolger (AL)

Every Thursday is Zumba @ 11:00 am AL Side

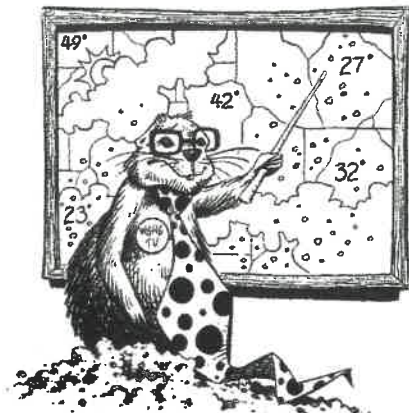
Every Friday Chair Yoga w/ Amy @ 10:45 CC Side

Family and Friends are
always welcome at all of our
activities at Ayre

Manor .

Activities are subject to





Saturday, FEBRUARY 2ND: Groundhog Day



Groundhog Day is a traditional festival celebrated in the United States and Canada on February 2. It is a cross-quarter day, midway between the Winter Solstice and the Spring Equinox. In traditional weather lore, if a groundhog emerges from its burrow on this day and **fails to see its shadow** because the weather is cloudy, **winter will soon end**. If the groundhog **sees its shadow** because the weather is bright and clear, it will be frightened and run back into its hole, and the **winter will continue for six more weeks**.

Bus Outing To Apple Tree

Tuesday, February 19th

11:00am Departure from AL Side

10.00\$ for bus and Money for your lunch.

Sign up at the front desk

Robbie Burns Day Celebration with Liz the Piper and Bills famous Haggis. Thank you both for a job well done.



February Birthdays

Margaret E. Feb 20
Lillian Q. Feb 23
Ina P. Feb 23
Renée B. Feb 24

