

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Michelle and I wish everyone a very Happy New Year. We look forward to 2019 with you all.</i></p>		<p>1.10:40 Chair Fit &amp; Mental Aerobics</p> <p>1:30 Helping Hands (CC)</p>	<p>2.10:30 Music/Joan Songhurst (CC) Residential Council Meeting CC 1pm - AL 2pm</p>	<p>3.11:00 Gold Chair Zumba Class</p> <p>Undress Christmas Everyone Welcome AL Side</p>	<p>4.10:45 Yoga w/ Amy (CC)</p> <p>1:30 Undress Christmas CC Sides</p>	<p>5 10:45 Soccer</p> <p>1:30 Tea &amp; Trivia</p> <p>3:45 Music w/ Michelle</p>
<p>6. 10:45 Hand Chimes</p> <p>1:30 CLA Church</p> <p>3:45 Brain Gym</p>	<p>7.10:45 Bocce Ball &amp; Mental Aerobics (CC)</p> <p>1:30 Music w/ Jean Bedard</p>	<p>8.10:45 Arts &amp; Crafts (CC)</p> <p>1:30 Music w/ Claddagh Clan</p>	<p>9.10:45 Music Therapy/ Suvi (CC)</p> <p>1:30 News &amp; Views &amp; Tea Social</p>	<p>10.11:00 Gold Chair Zumba Class</p> <p>1:30 Helping Hands Or Game</p>	<p>11.10:45 Yoga w/ Amy (CC)</p> <p>1:30 Movie &amp; Tea Social</p>	<p>12. 10:45 Soccer</p> <p>1:30 Tea &amp; Trivia</p> <p>3:45 Music w/ Michelle</p>
<p>13.10:45 Hand Chimes</p> <p>1:30 Bowling</p> <p>3:45 Floral Arranging</p>	<p>14.10:45 Bocce Ball &amp; Mental Aerobics (CC)</p> <p>1:30 Music W/Steve Bolger (AL)</p>	<p>15.10:45 Arts &amp; Crafts (CC)</p> <p>1:30 Music w/ Claddagh Clan</p>	<p>16..10:45 am News &amp; View CC Side</p> <p>1;30 pm Lets Bake CC Side</p>	<p>17.11:00 Gold Chair Zumba Class</p> <p>1:30 Music w/ Steve &amp; Sherry AL Side</p>	<p>18.10:45 Yoga w/ Amy (CC)</p> <p>1:30 Movie &amp; Tea Social</p>	<p>19 10:45 Soccer</p> <p>1:30 Tea &amp; Trivia</p> <p>3:45 Music w/ Michelle</p>
<p>20 .10:45 Hand Chimes</p> <p>1:30 CLA Church</p> <p>3:45 Penny Ante</p>	<p>21.10:45 Bocce Ball &amp; Mental Aerobics (CC)</p> <p>1:30 Lets Bake CC Side</p>	<p>22. Bus Outing to Romeo's</p> <p>11 am PU</p>	<p>23.10:45 Music Therapy/ Suvi (CC)</p> <p>1:30 Music w/ guy Marchi AL Side</p>	<p>24..11:00 Gold Chair Zumba Class</p> <p>1:30 Helping Hands Or Game</p>	<p>25.10:45 Yoga w/ Amy (CC)</p> <p>1:30 Movie &amp; Tea Social</p>	<p>26 10:45 Soccer</p> <p>1:30 Tea &amp; Trivia</p> <p>3:45 Music w/ Michelle</p>
<p>27. 10:45 Hand Chimes</p> <p>1:30 Golf</p> <p>3:45 Bingo</p>	<p>28.10:45 Bocce Ball &amp; Mental Aerobics (CC)</p> <p>1:30 Nail Care</p>	<p>29.10:45 Arts &amp; Crafts (CC)</p> <p>1:30 Music w/ Encores</p>	<p>30.10:45 am News &amp; View CC Side</p> <p>1;30 Active Game AL Side</p>	<p>31.11:00 Gold Chair Zumba Class</p> <p>1:30 Month End Paper Work</p>	<p><i>Birthday Bunch will be on Jan 14th with Steve Bolger Music. Everyone Welcome</i></p>	