


January 2016





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Best Wishes in 2016 New Year.</p> <p>All residents and family members are welcome to attend all activities.</p>			<p><i>Arts & Crafts this Month will focus on the Chinese New Year for Feb. 9</i></p>	<p>1. <i>New Years Day</i> 10:30 Exercises & Mental Aerobics (CC) 1:30 Men's Club (AL)</p>	<p>2. 10:30 Active Games (CC) 1:30 Tea & Trivia (AL)</p>
<p>3. 10:30 Active Games or Bingo (CC) 1:30 Christmas Cleaning Up</p>	<p>4 10:30 Christmas Cleaning Up Continues (CC) 1:30 Music w/ Victor Wells (AL)</p>	<p>5 10:30 Chair Exercise (CC) 1:30 Arts & Crafts (CC)</p>	<p>6.10:30 Music w/ Joan Songhurst Resident Council Meetings CC- 1PM AL - 2PM</p>	<p>7 10:30 Bingo (AL) 1:30 Active games (AL)</p>	<p>8 10:30 Exercises & Mental Aerobics (CC) 1:30 Men's Club (AL)</p>	<p>9. 10:30 Active Games (CC) 1:30 Tea & Trivia (AL)</p>
<p>10. 10:30 Active Games or Bingo (CC) 1:30 Movie/ News & Views</p>	<p>11. 10:30 Chair Exercise (CC) 1:30 Arts & Crafts (CC)</p>	<p>12 10:30 Nail Care (CC) 1:30 Music w/ Claddagh Clan (AL)</p>	<p>13 10:00 Music Therapy w/ SATU (CC) 1:30 Active Games (CC)</p>	<p>14 10:30 Bingo (AL) 1:30 Active Games (AL)</p>	<p>15 10:30 Exercises & Mental Aerobics (CC) 1:30 Men's Club (AL)</p>	<p>16. 10:30 Active Games (CC) 1:30 Tea & Trivia (AL)</p>
<p>17. 10:30 Active Games or Bingo (CC) 1:30 Movie/ News & Views</p>	<p>18. 10:30 Chair Exercise (CC) 1:30 Arts & Crafts (CC)</p>	<p>19 10:30 Happy Campers Visit (CC) 1:30 Office Day</p>	<p>20 10:30 Arts & Crafts (CC) 1:30 Sing- a-long w/Basil</p>	<p>21 10:30 Mental Aerobics (CC) 2:30 Music w/ Steve Bolger</p>	<p>22 10:30 Exercises & Mental Aerobics (CC) 1:30 Men's Club (AL)</p>	<p>23. 10:30 Active Games (CC) 1:30 Painted Piano Student Performance</p>
<p>24 & 31. 10:30 Active Games or Bingo (CC) 1:30 Movie Day</p>	<p>25. 10:30 Arts & Crafts (CC) ROBBIE BURNS CELEBRATION</p>	<p>26 10:30 Hymn Sing w/ Robert (CC) 1:30 Nail Care (CC)</p>	<p>27 10:00 Music Therapy w/ SATU (CC) 1:30 Reminiscing (CC)</p>	<p>28 10:30 Bingo (AL) 1:30 Active Games (AL)</p>	<p>29 10:30 Exercises & Mental Aerobics (CC) 1:30 Men's Club (AL)</p>	<p>30. 10:30 Active Games (CC) 1:30 Tea & Trivia (AL)</p>



February 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>Groundhog Day 10:30 <i>Arts & Crafts (CC)</i> 1:30 <i>Hymn Sing (CC)</i> 1:45 <i>Craft Meeting (AL)</i></p>	<p>2</p> <p>10:30 <i>Computer Lessons (AL)</i> 10:30 <i>Movie Monday (CC)</i> 1:30 <i>Manicures & Mini Spa (CC)</i></p>	<p>3</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:30 <i>Jean Bedard-Music (AL)</i></p>	<p>4</p> <p>10:30 <i>Hymn Sing with Robert (CC)</i> Resident Council Meetings CC- 1PM AL - 2PM</p>	<p>5</p> <p>10:30 <i>Bingo (CC)</i> 1:30 <i>Bowling (AL)</i></p>	<p>6</p> <p>1:00 <i>Scrabble (AL)</i> 6:00 <i>Movie (AL)</i></p>	<p>7</p> <p>1:30 <i>Painted Piano Student Performance (AL)</i> 1:30 <i>Tea & Trivia (AL)</i></p>
<p>8</p> <p>No Activities</p>	<p>9</p> <p>Family Day 10:30 <i>Computer Lessons (AL)</i> 10:30 <i>Movie Monday (CC)</i> 1:30 <i>Brian Money - Accordion</i></p>	<p>10</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:15 <i>Big Steve & Sherry -Music (AL)</i></p>	<p>11</p> <p>10:30 <i>Joan Songhurst -Music (CC)</i> 1:30 <i>Karaoke with Henry (AL)</i></p>	<p>12</p> <p>10:30 <i>Music Therapy with Satu (CC)</i> 1:30 <i>Golf with Poirer Peer Helpers (AL)</i></p>	<p>13</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:00 <i>Scrabble (AL)</i> 1:30 <i>Bingo (CC)</i> 6:00 <i>Movie (AL)</i></p>	<p>14</p> <p> Valentines Day 10:30 <i>Craft Group (AL)</i> 1:30 <i>Tea & Trivia (AL)</i></p>
<p>15</p> <p>10:30 <i>Arts & Crafts (CC)</i> 1:30 <i>Claddagh Clan- Music (AL)</i></p>	<p>16</p> <p>10:30 <i>Computer Lessons (AL)</i> 10:30 <i>Movie Monday (CC)</i> 1:30 <i>Tom Gough - Music (AL)</i></p>	<p>17</p> <p>Shrove Tuesday 10:30 <i>Chair Exercise (CC)</i> 1:30 <i>Reading Group (CC)</i></p>	<p>18</p> <p>Bus Outing Sign up at Front Desk </p>	<p>19</p> <p>Chinese New Year 10:30 <i>Cooking Group (CC)</i> 1:30 <i>Chinese New Year Party (AL)</i></p>	<p>20</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:00 <i>Scrabble (AL)</i> 1:30 <i>Balloon Games (CC)</i> 6:00 <i>Movie (AL)</i></p>	<p>21</p> <p>10:30 <i>Craft Group (AL)</i> 1:30 <i>Tea & Trivia (AL)</i></p>
<p>22</p> <p>10:30 <i>Arts & Crafts (CC)</i> 1:30 <i>Bingo (CC)</i></p>	<p>23</p> <p>10:30 <i>Computer Lessons (AL)</i> 10:30 <i>Movie Monday (CC)</i> 1:30 <i>Sing-a-Long with Basil (AL)</i></p>	<p>24</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:30 <i>Reminiscing (CC)</i></p>	<p>25</p> <p>10:30 <i>Hymn Sing with Robert (CC)</i> 1:30 <i>Happy Hour with Guy Marchi (AL)</i></p>	<p>26</p> <p>10:30 <i>Music Therapy with Satu (CC)</i> 1:30 <i>Horse Racing (AL)</i></p>	<p>27</p> <p>10:30 <i>Chair Exercise (CC)</i> 1:00 <i>Scrabble (AL)</i> 1:30 <i>Skee-Ball (CC)</i> 6:00 <i>Movie (AL)</i></p>	<p>28</p> <p>10:30 <i>Craft Group (AL)</i> 1:30 <i>Tea & Trivia (AL)</i></p>