

Ayre Manor



Newsletter

2026

Gardener's Poem:

A blur of pink, yellow and green,
The richest quilt you've ever seen.
The midday sun is blazing high,
Beneath a bleached and breathless sky.
Lavender Lane is in its glory,
The bees abuzz are telling a story.
A flitting bird, a flashing wing—
July is queen, and summer is King.
The courtyard roses are putting on a glorious
show! This garden is your garden, so please go
enjoy the scents, sounds and colours it has to
offer (away from those nibbling deer)

July Entertainment:

Michelle is away ALL July

July 3rd- Music with Patrick

July 7th- Music with Shelley Vaags

Resident council meeting July 8th at 2pm

Church service July 13th in CC south activity room at 1pm

July 15th- Music with Michael Majocho

July 16th- Music with Victor Wells

July 21st- Music with Joan Songhurst

July 22nd- Music with Steve Peabody

July 28th- Summer Music bingo

July 30th – Music with The Encores

July Birthday's:

July 7th- Bill. J (AL)

July 13th- Beth (AL)

July 14th -Rosie (Therapy Dog)

July 29th- Bert. B July 29th



Monthly Joke:

What starts with a P, ends with an E,
and has thousands of letters in it?

Post office



-Exciting News!! Shannon will be returning with Friday afternoon exercises. Starting back up Friday July 3rd running every two weeks from 12:30-1:00pm in the assisted living lounge.

-We're excited to welcome back our Ice Cream Socials for the summer months!

-Starting Monday, July 6th, we'll be gathering every two weeks throughout July and August to enjoy a sweet treat, friendly conversation, and some relaxed summer fun. These socials are a great way to connect, reminisce, and enjoy the warmer days together. We look forward to seeing everyone there!

-Saturday Trivia with Henry is on pause until further notice.

Walking Olympics is Returning!

Get ready to lace up your shoes and join the fun!

How it works:

Every time you go for a walk—whether it's indoors, outdoors, or on the treadmill—make sure to mark it down! A tracking station will be set up by the front entrance. Find your name and add a checkmark for each walk you complete.

Every walk counts!

If you walk around the building four times, that's **four checkmarks**. The more you walk, the closer you'll get to the top of the leaderboard!

Throughout the summer, we'll keep track of everyone's progress and celebrate our **Walking Olympics Champions** at the end of the season. So, grab a friend, get moving, and let's see who will take home the gold! Remember to watch your limits and stay hydrated in the summer heat.

