

June 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RED: Music BLUE: Active PURPLE: Meeting/ important day GREEN: Crafts Black: General	<i>N= Complex care North</i> <i>S= Complex care South</i> <i>AL= Assisted living</i>	<i>Activities subject to change without notice</i>	Michelle away: June 14th– 17th and June 28th– 30th			
	1 10:45 Drums with Michelle (S) 1:30 Sooke Elementary Choir	2 10:45 Music with Michelle (N) 11:00 Zumba (AL) 1:30 Quiddler (N)	3 10:30 Trivia with Michelle (AL) Resident Council meeting 1:15pm AL Everyone Welcome	4 10:30 Hand chimes with Michelle (S) 11:00 Zumba (AL) 1:30 Music with Patrick (AL)	5 10:45 Curling (S) 1:30 One-ones 1:00 Scrabble with Val (AL)	6 10:45 Bean Bag Toss (S) 1:30 Trivia with Henry (AL)
7 10:30 Hand chimes with Michelle (S) 1:30 Cards (N)	8 10:45 Drums with Michelle (S) 1:30 Horse Racing (AL)	9 10:45 Music with Michelle (N) 11:00 Zumba (AL) 1:30 Music with Shelley Vaags (AL)	10 10:30 Trivia with Michelle (AL) 1:30 Music with K-tones (AL)	11 10:30 Hand chimes with Michelle (S) 11:00 Zumba (AL) 1:30 SKIP-BO (N)	12 10:45 Ladder ball (S) 1:30 one-ones 1:00 Scrabble with Val (AL)	13 10:45 Bean Bag Toss (S) 1:30 Trivia with Henry (AL)
14 10:30 Residents choice 1:30 Cards (N)	15 10:45 Residents choice 1:30 Cards (N)	16 10:45 Mental Aerobics (S) 11:00 Zumba (AL) 1:30 Music with Joan Songhurst (AL)	17 10:30 News & Views 1:30 Music with Michael Majocho (AL)	18 10:30 Hand chimes with Michelle (S) 11:00 Zumba (AL) 1:30 Music with Victor Wells (AL) With Root beer floats	19 10:45 Curling (S) 1:30 One-ones 1:00 Scrabble with Val (AL)	20 10:45 Bean Bag Toss (S) 1:30 Trivia with Henry (AL)
21 Father's Day 10:30 Hand chimes with Michelle (S) 1:30 Cards (N)	22 10:45 Drums with Michelle (S) 1:30 Cards (N)	23 10:45 Music with Michelle (N) 11:00 Zumba (AL) 1:30 Music with Matt Price (AL)	24 10:30 Trivia with Michelle (AL) 1:30 Quiddler (N)	25 10:30 Hand chimes with Michelle (S) 11:00 Zumba (AL) 1:30 Music with The Encores (AL) + Birthday	26 10:45 Ladder ball (S) 1:30 one-ones 1:00 Scrabble with Val (AL)	27 Hayley OFF 10:45 Bean Bag Toss (S) 1:30 Trivia with Henry (AL)
28 10:30 Residents choice 1:30 Cards (N)	29 10:45 Residents choice 1:30 Cards (N)	30 10:45 News and Views (S) 11:00 Zumba (AL) 1:30 SKIP-BO				