November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RED: Music BLUE: Active PURPLE: Meeting/ important day GREEN: Crafts **Black: General**	*N= Complex care North* *S= Complex care South* *AL= Assisted living*	***Activities subject to change without notice***				
1 **No Michelle** **10:30 Residents choice** **1:30 Residents choice**	**2No Michelle** **10:30 Residents choice** **1:30 Residents choice**	**3 10:45 Music with Michelle (N)** **11:00 Zumba (AL)** **1:30 Quiddler (AL)**	**4 10:30Trivia with Michelle (AL)** **Resident Council meeting 2pm AL Everyone Welcome**	**5** **10:30 Hand chimes with Michelle (S)** **11:00 Zumba (AL)** **1:30 Music with Patrick (AL)**	**6** **10:45 Curling (S)** **1:00 Games with Val and Denise (AL)**	**7 Hayley OFF**
8 **10:30Trivia with Michelle (AL)** **1:30 Residents choice**	**9 10:45 Drums with Michelle (S)** **1:30 Accordion Music with Brian and Gail**	**10 10:45 Music with Michelle (N)** **11:00 Zumba (AL)** **1:30 Music with Shelley Vaags (AL)**	**11 *Remembrance Day*** **10:30 Remembering November 11th** **1:30 Quiddler (AL)**	**12** **10:30 Hand chimes with Michelle (S)** **11:00 Zumba (AL)** **1:30 Rummoli (AL)**	**13** **10:45 Balloon Toss** **1:00 Games with Val and Denise (AL)**	**14** **10:45 Soccer** **1:30 Craft afternoon with Hayley and Janina**
15 **10:30Trivia with Michelle (AL)** **1:30 Residents choice**	**16** **10:45 Drums with Michelle (S)** **1:30 BINGO with Leanna**	**17 10:45 Music with Michelle (N)** **11:00 Zumba (AL)** **1:30 Music with Joan Songhurst (AL)**	**18 10:30Trivia with Michelle (AL)** **1:30 Music with Michael Majocha (AL)**	**19 10:30 Hand chimes with Michelle (S)** **11:00 Zumba (AL)** **1:30 Music with Victor Wells (AL)**	**20** **10:45 Curling (S)** **1:00 Games with Val and Denise (AL)**	**21** **10:45 Bean Bag Toss (S)** **1:30 Craft afternoon with Hayley and Janina**
22 **10:30Trivia with Michelle (AL)** **1:30 Residents choice**	**23** **10:45 Drums with Michelle (S)** **1:30 Uno (AL)**	**24 10:45 Music with Michelle (N)** **11:00 Zumba (AL)** **1:30 SKIP-BO(AL)**	**25 10:30Trivia with Michelle (AL)** **1:30 Music with Steve Peabody (AL)**	**26 10:30 Hand chimes with Michelle (S)** **11:00 Zumba (AL)** **1:30 Music with The Encores (AL)** **+ Birthday**	**27** **10:45 Bean Bag Toss (S)** **1:00 Games with Val and Denise (AL)**	***28*** ***Activities Christmas craft fair 10-2***
29 **10:30Trivia with Michelle (AL)** **1:30 Residents choice**	**30** **10:45 Drums with Michelle (S)** **1:30 BINGO with Leanna**					